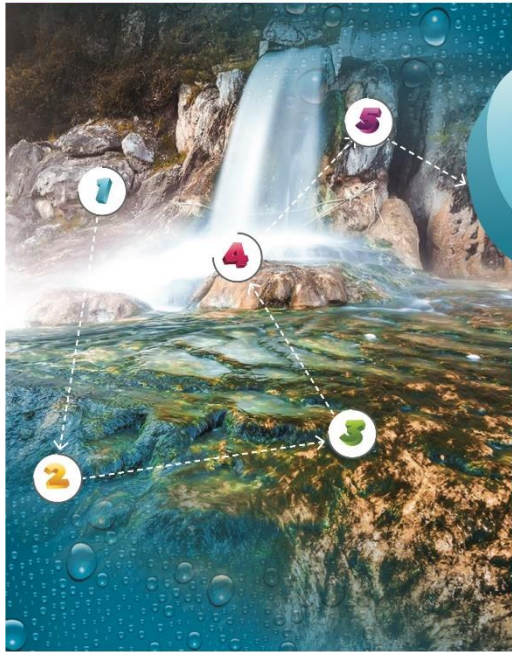




# HELLENIC Academy of Thermal Medicine

Healing in Greece

FULL MEMBER OF FEMTEC



# 6<sup>TH</sup>

## HELLENIC CONGRESS THERMAL MEDICINE

9-10-11/10/2020

HOTEL «GALINI» | KAMENA VOURLA

### THE THERMAL MEDICINE CONTRIBUTION TO HEALTH TOURISM

CO-ORGANIZATION:



European University Cyprus



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ  
ΠΕΡΙΦΕΡΕΙΑ ΑΤΤΙΚΗΣ



Ο.Π.Α.Σ.Τ.Ε.  
ΕΛΛΗΝΙΚΗ ΕΤΑΙΡΕΙΑ  
ΘΕΡΜΑΙΝΩΝ ΠΥΡΡΑΙΩΝ  
Π.Ε. ΦΟΙΒΙΩΝ



ΠΕΡΙΦΕΡΕΙΑ  
ΣΤΕΡΕΑΣ  
ΕΛΛΑΔΑΣ



Δήμος Κοιμημένων  
Βούρλων

UNDER AUSPICES:



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ  
ΥΠΟΥΡΓΕΙΟ ΤΟΥΡΙΣΜΟΥ



Ιατρικός  
Σύλλογος Αθηνών



Πανελλήνιος  
Ιατρικός Σύλλογος



ΕΛΛΗΝΙΚΟΣ  
ΣΥΝΔΕΣΜΟΣ  
ΤΟΥΡΙΣΜΟΥ ΥΓΕΙΑΣ

## CONGRESS PROGRAM

SCIENTIFIC COMMITTEE

**President:** Kouskouris Konstantinos

*Professor of Dermatology-Lawyer, President of Hellenic Thermal Medicine Academy, President of World Academy for Chinese and Complementary Medicine, President of Tourism Health Association, V. President of Medical Tourism P.M.A, Scient. Consultant in WHO, FEMTEC, C.U.G.M.*

**Members:** speakers and coordinators of the Congress

[www.thermalmedicineacademy.gr](http://www.thermalmedicineacademy.gr), email: [konkouskouris@gmail.com](mailto:konkouskouris@gmail.com)

## 6<sup>th</sup> Hellenic Congress Thermal Medicine Program

**FRIDAY**  
**09/10/2020**

**10:00 REGISTRATION**

**10:00 - 14:00 WORKSHOP**

### **COORDINATORS**

*Kouskoukis Konstantinos, Professor of Dermatology, Lawyer, President of the Hellenic Thermal Medicine Academy, President of World Academy of Chinese and Complementary Medicine, President of Hellenic Health Tourism Assoc., Scient. Consultant in WHO, FEMTEC, CUGM & PMA*

*Rigopoulos Dimitris, Professor of Dermatology, Director of Dermatological Clinic "Syggros", President of the Hellenic Society of Dermatology & Venereology*

**10:00-10:30 Biological effects of the trace elements in thermal springs of Galini, Kamena Vourla and Koniaviti**

*Christodoulou Nikolaos, Cardiologist r. General, f. Director of Cardiologic Clinic in 401 GMH*

**10:30-11:00 Nuclear medicine and thermal medicine**

*Zisimopoulos Athanasios, Prof. Nuclear Medicine DUTH*

**11:00 – 11:30 The Contribution of thermal medicine in dermatology**

*Kafkas Ilias, Dermatologist, MSc, PhD of Medical School NKUA, V. President of Hellenic Thermal Medicine Academy*

**11:30 – 13:00 Visiting Thermal Springs**

**13:00 – 14:30 COORDINATORS**

*Konstantinidis Theodoros, Professor of Hygiene, President of the MSc Health and Safety at Work, DUTH*

*Kontos Charalampos, Dentist, Director of Health Center Piraeus*

**13:00 – 13:30 Experience of visiting thermal springs Galini, K. Vourla, Koniaviti & Cosmetic Spring**

*Pitsari Paraskeui, Dermatologist PhD DUTH*

**13:30 – 14:00 Sports medicine and thermal medicine**

*Roussis Xenofon, Orthopedician, Dr Medical School Bologna University, President of ATHLETIA*

**14:00 – 14:30 Financial development of thermal springs**

*Kouskoukis Marios – Nikolaos, PhD Panteion University, MBA Piraeus University, MSc Medical School DUTH*

**SATURDAY**  
**10/10/2020**

**10:30 -11:50 COORDINATORS**

*Pantos Konstantinos, Obstetrician Gynecologist, PhD of NKUA, Director of Clinic "Genesis"*

*Katotomichelakis Michail, Prof. & Director of ETN clinic – DUTH*

**10:30 -10:50 Thermal medicine to heart diseases**

*Sykiotis Ioannis, Cardiologist, Mayor of Kammena Vourla*

**10:50-11:10 Thermal medicine in vascular diseases**

*Polydorou Antonios, Cardiologist, f. Coordinator of Dpt Hemodynamic - Invasive Cardiology, GHA  
«Evangelismos»*

**11:10 -11:30 Hydrotherapy and clay therapy to degenerative, post traumatic diseases and rehabilitation**

*Velonas Stylianos, Military Physical Doctor, Acupuncturist, Consultant of Physical Medicine and Rehabilitation Dpt, 414 Military Hospital*

**11:30 – 11:50 Thermal tourism, its context and contribution to development**

*Benteniotis Argyrios, Ph.D. c., LL.M., M.Sc, LL.B, B.A., c.Dr of Economics and Regional Development, Panteion University of Athens*

**11:50 -13:10 COORDINATORS**

*Kreatsas Georgios, Professor of Obstetrics and Gynecology, V. Rector of NKUA*

*Dovas Konstantinos, Pathologist, MD Medical School of Napoli University*

**11:50 – 12:10 Hydrotherapy and clay therapy in orthopedic diseases**

*Papadellis Panagiotis, Orthopedic Surgeon, f. Director of Orthopedic Clinic “KAT” Hospital*

**12:10 – 12:30 Hydrotherapy in neurological diseases. Experience from the therapeutic spring of Galini**

*Mangioros Dimitrios, Neurosurgeon, Acupuncturist, Chief in Neurosurgical Dpt & Pain Management Division, 251 HAF*

**12:30 – 12:50 Thermal centers in ancient Greece. The role of Asclepius centers**

*Marouli - Zilemenou Mary, Professor Comparative Politics, President of Center European Studies & Humanities “Ioannis Kapodistrias”*

**12:50 – 13:10 Hair restoration & health tourism**

*Giotis Konstantinos, Founder of DHI Global Medical Group*

**13:10 – 13:30 BREAK**

**13:30 – 14 :40 COORDINATORS**

*Bouros Dimosthenis, Professor of Pulmonology, Medical School NKUA*

*Zisimopoulos Athanasios, Prof. Nuclear Medicine DUTH*

**13:30- 13:50 In vitro fertilization and Health Tourism**

*Spinis Nikitas, Obstetrician - Gynecologist, PhD Medical School Patra's University , Director of AVE Medical Center*

**13:50 – 14:10 Thermal medicine to primary health care**

*Skliros Efstathios, General Practitioner, President of HSHREP, V. President GCGR*

**14:10 – 14:30 Mudtherapy and hydrotherapy as complementary treatment in Psoriasis.**

*Dovas Evgenios Nikolaos MSc, MD Comenius University of Bratislava*

**14:20 – 14:40 Digital solutions blockchain for personalized medical data**

*Nikos Bogonikolos, PhD Informatics, President of Aratos Group*

**14:40 – 15:40 LUNCH**

### **15:40 – 18:00 COORDINATORS**

*Chatzis Anastasios, Pediatrician, Intensivist, f. Coordinator – Director ICU Children’s Hospital “Agia Sophia”*

*Kouskouris Konstantinos, Professor of Dermatology, Lawyer, President of the Hellenic Thermal Medicine Academy, President of World Academy of Chinese and Complementary Medicine, President of Hellenic Health Tourism Assoc., Scient. Consultant in WHO, FEMTEC, CUGM & PMA*

### **15:40 – 16:00 Balneotherapy in dermatology and musculoskeletal disorders.**

*Mašán J., MD, PhD - Korcová J., Golská S, Bratislava*

**Poster: Use of ozone therapy in dermatology** (Authors: Mašán J., Korcová J., Golská S.)

### **16:00 – 16:20 Update of covid-19 period**

*Myriantheis Pavlos, Prof. of Pneumology, Nursery & NKUA*

### **16:20 – 16:40 Experience of thermal aesthetics in aesthetic dermatology**

*Prinou Alkistis, MD, Medical Aesthetics Centers*

### **16:40 - 17:00 The contribution of plastic surgery to health tourism**

*Boukouvalas Zisis, PhD, Plastic Surgeon, Director of Plastic Clinic “Metropolitan Hospital”*

### **17:00 – 18:00 COORDINATORS**

*Skandalakis Panagiotis, Professor of Anatomy, NKUA, f. d. Minister, f. President of CHC*

*Mavragani Kleio, Assoc. Professor of Rheumatology, Medical School NKUA*

### **17:00 – 17:20 “Synchronal Amphiarraia”. Hellenic synthetic psychotherapy: An holistic approach**

*Nestoros Ioannis, Prof. of Clinical Psychology, Scient. Director “technoblastos”, Crete University*

### **17:20 – 17:40 Allergic rhinitis**

*Katotomichelakis Michail, Prof. & Director of ETN clinic - DUTH*

### **17:40 – 18:00 Hydrotherapy in Greece at the beginning of 20<sup>th</sup> century: The contribution of the distinguished physician Emmanuel Mandalakis (1894 – 1947)**

*Karamanou Marianna, prof. of Epistemology, History & Ethics of Medicine, Medical School NKUA*

### **18:00 – 19:00 COORDINATORS**

*Koutsilieris Michail, Professor of Experimental Physiology, NKUA, President of NSF*

*Patsourakos Fotios, Cardiologist, MSc Medical School AUTH, V. President Athen’s Medical Association*

### **18:00 – 18:20 Epigenomics and multiomics based precision thermal medicine**

*Giannios John, Prof., Head of the postgraduate dept of genomic medicine and healthcare, USW, UK, President of the Hel.&Int Society of Molecular and Genomic Medicine*

### **18:20 – 18:40 Cognitive traps in medical practice**

*Chatzipavlou Alexander, MD, MSc, Clinical Prof. of Orthopedic Surgery & rehabilitation, University of Texas, f., Professor of orthopedic surgery, University of Montreal, Adjunct Professor of Chiropractic School, Houston, USA*

### **18:40 – 19:00 Vaccines in Covid-19 period**

*Stathopoulos Apostolos, MD, PhD, Prof. of Neurosurgery (USA), President & CEO of ERC Worldwide*

## **19:00 - 20:00 OPENING CEREMONY**

### **GREETINGS**

*Staikouras Christos, Minister of Economics*

*Theocharis Haris, Minister of Tourism*

*Consolas Emanouil, Deputy Minister of Tourism Ministry*

*Gerekou Angeliki President of GNTO f. Deputy Minister of Culture and Tourism*

*Representatives of the Greek Parliament*

*Patoulis Georgios, Regional Governor of Attika, President of AMA, IHTC, ELITOUR, & G.G.D.I.*

*Spanos Theofanis, Regional Governor of Central Greece*

*Sikiotis Ioannis, Mayor of Kammena Vourla*

*Bendeniotis Emanouil, V.Chairman of BD European University of Cyprus, f. d. Minister*

*Zang Qyuei, Ambassador of people's Republic of China.*

*Iveta Hricova, Ambassador of the Slovak Republic*

*Dimitriadis Pavlos, Journalist, Editor & Director of Dealnews newspaper*

### **19:30 - 19:45 Health tourism in Attika region**

*Patoulis Georgios, Regional Governor of Attika, President of AMA, IHTC, ELITOUR, & G.G.D.I.*

### **19:45 - 20:00 The health tourism portal [www.vitabooking.com](http://www.vitabooking.com)**

*Mamalakis Petros, Gen. Secretary IHTC, G.G.D.I. & ELITOUR*

### **20:00 - 20:15 Investment opportunities in thermal tourism**

*Katseli Louka, Prof. of Economics NKUA, Director National Bank of Greece - Cyprus, f. Minister*

### **20:15 - 20:30 The Contribution of thermal tourism to local and regional development**

*Theophili Eleni, Prof. University of West Attica*

### **20:30 - 20:45 Thermal medicine as prevention medicine for 3<sup>rd</sup> (silver) and 4<sup>th</sup> (golden) ages**

*Kouskoukis Konstantinos, Professor of Dermatology, Lawyer, President of the Hellenic Thermal Medicine*

*Academy, President of World Academy of Chinese and Complementary Medicine, President of Hellenic*

*Health Tourism Assoc., Scient. Consultant in WHO, FEMTEC, CUGM & PMA*

## **SUNDAY**

**11/10/2020**

### **09:00 — 10:20 COORDINATORS**

*Polydorou Antonios, Cardiologist, f. Coordinator of Dpt Hemodynamic - Invasive Cardiology, GHA  
«Evangelismos»*

*Karabelias Vasilios, Surgeon, PhD Medical School of Patra's University*

### **09:00-09:20 Thermal medicine to hematopoietic diseases**

*Politou Marianna, Assoc. Prof. of Hematology, Medical School NKUA*

### **09:20 - 09:40 Personalised advanced medical esthetics with thermal elements**

*Kouskoukis Alexandros - Efstratios, Biologist, MSc, PhD of Medical Schools NKUA & DUTH Universities*

### **09:40 – 10:00 Thermal springs in Bulgaria**

*Koutsikos Panagiotis, Businessman, President of the Hellenic – Bulgarian Chamber of Commerce, V.*

*President of the Hellenic Health Tourism Assoc., Honorary Consul of El Salvador*

### **10:00 – 10:20 Marketing in thermal tourism**

*Kaplanidis Zacharias, Economist, President of ZITA congress company, gen. secr. of Hellenic Health  
Tourism Assoc.*

### **10:20 – 12:00 COORDINATORS**

*Nikolaou Chrysoula, Prof. of medical biopathology – immunology NKUA, V. President of CHC*

*Papadellis Panagiotis, Orthopedic Surgeon, f. Director of Orthopedic Clinic "TRC" Hospital*

**10:20 – 10:40 How therapeutic architecture could support wellness and hospitality facilities during Covid-19**

*Chrysikou Evangelia, MSc Architectural Management, university of Edinburg , Assist. Professor, MSc, Director Healthcare Facilities, University College London (UCL)*

*Savopoulou Eleftheria, MSc Architectural Management, university of Edinburg , Assist. Professor, MSc, Director Healthcare Facilities, University College London (UCL)*

**10:40 – 11:00 Thermal medicine - biometeorological therapy**

*Tzouvara Sofia, General Practitioner, MSc, Dr of Medical School NKUA, Gen. Secretary in World Academy of Chinese and Complementary Medicine*

**11:00 – 11:20 Balneology and mud therapy in skin diseases**

*Noutsis Konstantinos, Dermatologist , MD of NKUA ,f. Director of Dermatologic Departure GHA «Evangelismos»*

**11:20 – 11:00 Thermal medicine and IVF**

*Pantou Agni, obstetrician – gynecologist, PhD medical school NKUA*

**11:40 – 12:00 Thermal Medicine to Aesthetic Dermatology and anti-aging**

*Kardasi Maria, Dermatologist - Venereologist, Antiaging doctor, Aesthetic Medicine, President of the Hellenic Anti-Aging Academy*

**The Conference will take place both in person and online at the same time  
( live streaming )**